



KIRIDARA
LUANG PRABANG



THE SPA

AT KIRIDARA

Opens daily : 9.30am – 10pm
Please Dial 44



Massage Treatments

Dear Guest,

Thank you for choosing to experience treatments at The Spa. Please come for your treatment with 15 minutes to spare in order to receive your refreshment and take time to relax in the idyllic surroundings before your treatment. We can provide showers, towels and robes for your comfort.

Kindly Note: Treatments must be completed at the scheduled time in order to avoid inconvenience for the next appointment.

Kiridara Herbal Joint Relief Massage 60 min/USD 50 90 min/USD 55
This unique massage makes use of the Herbal Compress to relax, soothe and release tension in the joint and muscles.

Kiridara Active Relief Massage 60 min/USD 45 90 min/USD 50
Stretch, release and rejuvenate your muscles, joints and limbs post workout. The perfect massage for active sportsmen and women.

Aromatherapy Massage 60 min/USD 45 90 min/USD 50
Enhanced with divine essential oils that produce a warming effect to revive the healing properties of the skin.

Balinese Massage 60 min/USD 45 90 min/USD 50
A deep tissue massage which helps in healing, harmonizing and rejuvenating the body by rebalancing and relaxing the energy flow.

Travellers Rebalancing Massage 90 minutes/USD 50
After long trip join us at The Spa to enjoy a heavenly massage that relaxes, soothes and invigorates the body by stimulating the circulation resulting in a perfect sleep.

Laotian Traditional Massage 90 minutes/USD 50
Gentle deep manipulation of your sore muscles and attention to pressure points along the energy lines of your body.



Thai Healing Massage **100 minutes/USD 55**
Promotes flexibility of the body improved breathing posture and balance, total body alignment and reduction of arthritis and relieves back tension by toning the body and strengthening the joints.

Body Balance and Alignment Massage **70 minutes/USD 45**
Using gentle stretching techniques we enable your body to feel relaxed, to generate increase flexibility as well as to soothe and energize the body.

Signature Head, Back, Neck and Shoulders Massage **30 minutes/USD 25**
A combination of techniques are incorporated to ease and comfort muscle tension in your back, neck and shoulders.

Foot Reflexology **60 minutes/USD 35**
Stimulate reflex zone in the feet which are systematically linked to all parts of the body.

Foot Relaxing Massage **30 minutes/USD 25**
A great way to relax after a tiring day.



Body Treatments

Salt Body Scrub 45 minutes/USD 34
Polish and cleanse your skin with our fine salt and Olive oil. Delivering glow and vitality, it effectively removes the dead surface layer of skin. A great way to prepare the body before any massage!

Coconut Body Scrub 45 minutes/USD 34
A gentle exfoliating body scrub that helps remove dead skin cells and leaves your skin feeling soft and smooth.

Chocolate Body Scrub 45 minutes/USD 34
This delicious treatment results in your skin feeling smooth, invigorated and tension free.

Coffee Body Scrub 45 minutes/USD 34
The perfect scrub to energize, soften and tone your skin for any occasion!

Tamarind Body Wrap 60 minutes/USD 34
Blast your skin with the Anti-Oxidant effect by using real tamarind and honey paste all over your body. You are then cocooned while a restful Head Massage is performed.

The Kiridara Original Wood fire Herbal Steam 30 minutes/USD 20
Luang Prabang's only herbal steam with scents of eucalyptus and lemongrass leaves are ideal to rejuvenate, detox your skin, relieve dehydration and dryness resulting in a refreshed state of mind and body.
(Please call us for your reservation 2 hours before your steam for preparation)

Facial Treatments

Lymphatic Face Massage 75 minutes/USD 40
Stimulate the lymph system, result in improved blood circulation and help achieve firmer, more youthful and radiant skin.

Refreshing a Fruit Facial 60 minutes/USD 35
A beneficial treatment for all skin types enabling a skin purification and decongestion process.



Bath Treatments

Aromatic Champa Bath 30 minutes/USD 25
Frangipani essential oil with Andaman crystals help draw out impurities, soothe and revive tense muscles.

Aromatic Milk Bath 30 minutes/USD 25
A calming bath that reenergizes the mind and body.

Thai Herbal Bath 30 minutes/USD 30
The herbs generate a stimulus of aroma and essence to relieve tension in the body and mind by increasing muscle flexibility

The Spa Packages

Luang Prabang Retreat

4 hours/USD 145

Revive your body start with The Kiridara Original Wood fire Herbal Steam followed by a Salt Body Scrub, a Tamarind Body Wrap, a Laotian Traditional Massage and a Refreshing Fruit Facial. Our Organic Spa Salad awaits at the end of your treatment.

The Spa Indulgence

3 hours/USD 115

Pampering you from top to toe and rejuvenating the body, mind and spirit. Enjoy an Aroma Salt body scrub, Kiridara Herbal Joint Relief Massage followed by a Lymphatic Face Massage. Enjoy fresh seasonal fruit and juice.

Kiridara Magic Moment

2 ½ hours/USD 80

Discover the magic combination of a Kiridara Herbal Joint Relief Massage followed by a heavenly Balinese Massage. Enjoy fresh seasonal fruit and juice.

Tropical Body Scrub & Balinese Massage

2 hours /USD 75

The ultimate relaxing Coconut Body Scrub with a soothing and wonderful Balinese Massage.



Hand and Foot Spa Treatments

A full service with our natural products leave the hands and feet glowing, silky and revitalized. Concentrate on callouses, cuticles and dry skin. This service also includes a milk and honey soak, Olive salt scrub, Tamarind cream mask, Massage, Manicure and Pedicure.

Hand Spa

USD 32

Foot Spa

USD 32

Hand & Foot Spa

USD 60

Manicures and Pedicures

Begins with an frangipani hand and foot soak followed with Olive salt scrub, cuticle remover, nail clippers, polisher and nail polish.

Manicure

USD 12

Pedicure

USD 12

Kid's Manicure

USD 8

Kid's Pedicure

USD 8

Waxing Service(1 Hour Notice)

Upper Lips

USD 5

Chin

USD 5

Arms

USD 13

Under Arms

USD 13

Half Legs

USD 15

Full Legs

USD 34

Meditation and Healing at Kiridara Sala

Private Yoga Session

60 minutes /USD 33

Private Meditation

60 minutes/USD 35

Open group Meditation

60 minutes/USD 25

(For more than 4 Person)

